FRaSA Work Sheet

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| Family Risk and Safety Assessment |

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| *Assessment Information* |
| *Details* |
| Date Assessment Commenced: Date Assessment Completed: |
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| *Source of Information Reviewed* |
| Interviews (please provide details – with whom, day, date, time and place) |
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| Social Care / Health / Police / Education Records |
| Consultation With Professionals |
| Collateral Interviews (Friends, family, associates) |
| *Information Not Reviewed* |
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| *Summary of Parents’ Psychosocial History* |
| Family/Childhood |
| Education |
| Employment |
| Relationships |
| Medical Problems |
| Psychiatric/Emotional Problems |
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| Substance Use |
| Legal Problems |
| Parents’ Plans |
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| *Harmful Behaviour* |
| *Recent Behaviour (Within past 12 months)* |
| ***Describe incident:*** *When (time), What (nature of harm), Who (identify of and relationship to victim),* |
| *Why (motivation, precipitants, goals), Where (location, context), Personal Reaction (feelings then and now)* |
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| *Past Behaviour (More than 12 months ago)* |
| ***Describe incidents:*** *When (time), What (nature of harm), Who (identify of and relationship to victim),* |
| *Why (motivation, precipitants, goals), Where (location, context), Personal Reaction (feelings then and now)* |
| ***Describe pattern:*** *Chronicity (ages, frequency), Diversity (types), Severity (consequences), Escalation (trajectory)* |
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| *Violent Ideation* |
| *Recent Violent / Suicidal Ideation (Within past 12 months)* |
| ***Describe incident:*** *Type (thoughts, urges, threats), Severity (nature of harm), Intensity (recurrence, persistence),* |
| *Feasibility (experience, means), Imminence (acute), Intent (certainty, desire, action), Targeted (identifiable victims)* |
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| *Past Violent / Suicidal Ideation (More than 12 months ago)* |
| ***Describe incident:*** *Type (thoughts, urges, threats), Severity (nature of harm), Intensity (recurrence, persistence),* |
| *Feasibility (experience, means), Imminence (acute), Intent (certainty, desire, action), Targeted (identifiable victims)* |
| ***Describe pattern:*** *Chronicity (ages, frequency), Diversity (types), Severity (consequences), Escalation (trajectory)* |
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| ***Presence and Relevance of Major Vulnerability Factors*** | |
| ***Vulnerability Factors*** | *Coding* |
| Harmful Behaviour Within Family (e.g. *inter-personal aggression and violence, emotional /psychological abuse, sexual abuse and exploitation, neglect)* | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| History of Violence in childhood *(e.g. History of violent Behaviour by parents as children, aggressive and violent Behaviour among current children)* | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Family History of substance misuse problems | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Criminal Record | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Early Maladjustment | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |

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| ***Vulnerability Factors continued*** | *Coding* |
| Prior Supervision Failure | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Lack of Insight | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Impulsivity | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Rigidity | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Plans lack feasibility | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Non-compliance with remediation attempts | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| History of Major Mental Illness *Definite* *Provisional* | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Personality Disorder *Definite Provisional* | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Other Vulnerability Factor: | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |

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| ***Presence and Relevance of Major*** ***Adversity Factors*** | *Coding* |
| Parental relationship instability | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Employment problems | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Unhappiness | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Active Symptoms of Major Mental Illness | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Problems with Child and Self | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Problems From Others | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Problems with Family | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Distress | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Exposure to destabilisers | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Lack of personal support | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |
| Exposure to OtherAdversity Factors | *Presence Past*  Parent 1: Y ? N  Parent 2: Y ? N  Presence Recent  Parent 1: Y ? N  Parent 2: Y ? N  *Relevance*  Y ? N |

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| ***Presence and Relevance of*** ***Protectors*** *(Code these items with regard to all family members)* | *Coding* |
| Relationships | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Good engagement with services, agencies and local resources | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Strong social networks and outlets | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
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| Material Resources | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Other Protective Factors: | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| ***Presence and Relevance of Strengths***  *(Code these items with regard to all family members)* | ***Coding*** |
| Maintenance of family routines and rituals | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Good self esteem, competencies and problem solving skills | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Strong Internal Locus of Control | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Capacity to re-frame adversities | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Responsible Conduct *(Accepts responsibility, respects property, punctual, creates a positive atmosphere, does not jeopardise safety, comfort and care of self or others, able to adjust Behaviour according to social context)* | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
| Other Strengths | *Presence Past*  Y ? N  Presence Recent  Y ? N  *Relevance*  Y ? N |
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| *Risk Scenarios: What Are We Worried About* | |
| Nature   * What kind of Harm is likely to occur? * Who is likely to be harmed? * What is the likely motivation — that is, what is the person trying to accomplish? |  |
| Severity   * What would be the psychological or physical harm to victims? * Is there a chance that the harm might escalate to serious or life-threatening levels? |  |
| Imminence   * How soon might the harmful Behaviour occur? * Are there any warning signs that might signal that the risk is increasing or imminent? |  |
| Frequency/Duration   * How often might the harmful behaviour occur — once, several times, frequently? * Is the risk chronic or acute (i.e., time-limited)? |  |
| Likelihood   * In general, how frequent or common is this type of harmful behaviour? * Based on this family’s history, how likely is this behaviour? |  |

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| *Case Management: “What Needs To Happen?”* | |
| What’s Working Well   * What strengths are demonstrated as protection over time? * What are the assets, resources and capacities within the family? * What research based protective factors are present? |  |
| Monitoring   * What is the best way to monitor warning signs that the risks posed may be increasing? * What events, occurrences, or circumstances should trigger a re-assessment of risk? |  |
| Intervention   * What Intervention strategies could be implemented to manage the risks posed? * Which Concerns are high priorities for intervention? |  |
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| Supervision   * What supervision strategies could be implemented to manage the risks posed? * What restrictions on activity, movement, association, or communication are indicated? |  |
| Safety Planning   * What steps could be taken to enhance the safety and security of the child(ren)? * How might the child(ren)’s physical security or self-protective skills be improved? |  |
| Other Considerations   * What events, occurrences, or circumstances might increase or decrease risk? * What else might be done to manage risk? |  |

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| *Summary Judgements* | | |
| *Issue* | *Coding* | *Comments* |
| Case Prioritisation   * What level of effort or intervention will be required to prevent harm occurring? * To what extent is this opinion limited in light of information that is unclear, unavailable, or missing? | *High/Urgent*  *Moderate/Elevated*  *Low/Routine* |  |
| Serious Physical Harm   * What is the risk that any future Behaviour will involve serious or life-threatening physical harm? * To what extent is this opinion limited in light of information that is unclear, unavailable, or missing? | *High*  *Moderate*  *Low* |  |
| Immediate Action Required   * Is there any imminent risk to the welfare of the child(ren)? * What preventive steps were or should be taken immediately? | *Yes*  *Possibly*  *No* |  |
| Other Risks Indicated   * Is there evidence that the carers or child(ren) poses other risks, such as suicide, self-harm, or failure to care for physical health? * Should any person be evaluated for other risks? | *Yes*  *Possibly*  *No* |  |
| Case Review   * When should the case be scheduled for routine review (re-assessment)? * What circumstances should trigger a special review (re-assessment)? | *Date for review:* |  |
| *Evaluator* | | |
| Name: | | |
| Date: | | |

For FRaSA Training, Consultancy and Advice contact [info@craigbarlow.co.uk](mailto:info@craigbarlow.co.uk)

or visit www.craigbarlow.co.uk