FRaSA Work Sheet

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|  Family Risk and Safety Assessment |

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| *Assessment Information* |
| *Details* |
| Date Assessment Commenced: Date Assessment Completed: |
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| *Source of Information Reviewed* |
| Interviews (please provide details – with whom, day, date, time and place) |
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|  Social Care / Health / Police / Education Records |
| Consultation With Professionals |
|  Collateral Interviews (Friends, family, associates) |
| *Information Not Reviewed* |
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| *Summary of Parents’ Psychosocial History* |
| Family/Childhood |
| Education |
| Employment |
| Relationships |
| Medical Problems |
| Psychiatric/Emotional Problems |
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|  Substance Use |
| Legal Problems |
| Parents’ Plans |
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|  *Harmful Behaviour* |
| *Recent Behaviour (Within past 12 months)* |
| ***Describe incident:*** *When (time), What (nature of harm), Who (identify of and relationship to victim),*  |
| *Why (motivation, precipitants, goals), Where (location, context), Personal Reaction (feelings then and now)* |
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| *Past Behaviour (More than 12 months ago)* |
| ***Describe incidents:*** *When (time), What (nature of harm), Who (identify of and relationship to victim),*  |
| *Why (motivation, precipitants, goals), Where (location, context), Personal Reaction (feelings then and now)* |
| ***Describe pattern:*** *Chronicity (ages, frequency), Diversity (types), Severity (consequences), Escalation (trajectory)* |
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| *Violent Ideation* |
| *Recent Violent / Suicidal Ideation (Within past 12 months)* |
| ***Describe incident:*** *Type (thoughts, urges, threats), Severity (nature of harm), Intensity (recurrence, persistence),*  |
| *Feasibility (experience, means), Imminence (acute), Intent (certainty, desire, action), Targeted (identifiable victims)* |
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| *Past Violent / Suicidal Ideation (More than 12 months ago)* |
| ***Describe incident:*** *Type (thoughts, urges, threats), Severity (nature of harm), Intensity (recurrence, persistence),*  |
| *Feasibility (experience, means), Imminence (acute), Intent (certainty, desire, action), Targeted (identifiable victims)* |
| ***Describe pattern:*** *Chronicity (ages, frequency), Diversity (types), Severity (consequences), Escalation (trajectory)* |
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| ***Presence and Relevance of Major Vulnerability Factors*** |
| ***Vulnerability Factors*** | *Coding* |
| Harmful Behaviour Within Family (e.g. *inter-personal aggression and violence, emotional /psychological abuse, sexual abuse and exploitation, neglect)*  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| History of Violence in childhood *(e.g. History of violent Behaviour by parents as children, aggressive and violent Behaviour among current children)*  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
|  Family History of substance misuse problems  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Criminal Record  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Early Maladjustment | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |

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| ***Vulnerability Factors continued*** | *Coding* |
| Prior Supervision Failure  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Lack of Insight  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Impulsivity  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Rigidity | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Plans lack feasibility | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Non-compliance with remediation attempts | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| History of Major Mental Illness *Definite* *Provisional* | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Personality Disorder *Definite Provisional* | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Other Vulnerability Factor: | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |

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|  ***Presence and Relevance of Major*** ***Adversity Factors*** | *Coding* |
| Parental relationship instability | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Employment problems | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Unhappiness  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Active Symptoms of Major Mental Illness  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Problems with Child and Self  | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Problems From Others | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Problems with Family | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Distress | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Exposure to destabilisers | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Lack of personal support | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |
| Exposure to OtherAdversity Factors | *Presence Past*Parent 1: Y ? NParent 2: Y ? NPresence RecentParent 1: Y ? NParent 2: Y ? N*Relevance*Y ? N |

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| ***Presence and Relevance of*** ***Protectors*** *(Code these items with regard to all family members)* | *Coding* |
| Relationships | *Presence Past* Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Good engagement with services, agencies and local resources | *Presence Past* Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Strong social networks and outlets  |  *Presence Past* Y ? NPresence Recent Y ? N*Relevance*Y ? N |
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| Material Resources |   *Presence Past* Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Other Protective Factors: | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N |
|  ***Presence and Relevance of Strengths****(Code these items with regard to all family members)* | ***Coding*** |
| Maintenance of family routines and rituals | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Good self esteem, competencies and problem solving skills  | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Strong Internal Locus of Control | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Capacity to re-frame adversities  | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N |
| Responsible Conduct *(Accepts responsibility, respects property, punctual, creates a positive atmosphere, does not jeopardise safety, comfort and care of self or others, able to adjust Behaviour according to social context)* | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N  |
| Other Strengths | *Presence Past*Y ? NPresence Recent Y ? N*Relevance*Y ? N |
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| *Risk Scenarios: What Are We Worried About* |
| Nature* What kind of Harm is likely to occur?
* Who is likely to be harmed?
* What is the likely motivation — that is, what is the person trying to accomplish?
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| Severity* What would be the psychological or physical harm to victims?
* Is there a chance that the harm might escalate to serious or life-threatening levels?
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| Imminence* How soon might the harmful Behaviour occur?
* Are there any warning signs that might signal that the risk is increasing or imminent?
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| Frequency/Duration* How often might the harmful behaviour occur — once, several times, frequently?
* Is the risk chronic or acute (i.e., time-limited)?
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| Likelihood* In general, how frequent or common is this type of harmful behaviour?
* Based on this family’s history, how likely is this behaviour?
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| *Case Management: “What Needs To Happen?”* |
| What’s Working Well* What strengths are demonstrated as protection over time?
* What are the assets, resources and capacities within the family?
* What research based protective factors are present?
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| Monitoring* What is the best way to monitor warning signs that the risks posed may be increasing?
* What events, occurrences, or circumstances should trigger a re-assessment of risk?
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| Intervention* What Intervention strategies could be implemented to manage the risks posed?
* Which Concerns are high priorities for intervention?
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| Supervision* What supervision strategies could be implemented to manage the risks posed?
* What restrictions on activity, movement, association, or communication are indicated?
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| Safety Planning* What steps could be taken to enhance the safety and security of the child(ren)?
* How might the child(ren)’s physical security or self-protective skills be improved?
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| Other Considerations* What events, occurrences, or circumstances might increase or decrease risk?
* What else might be done to manage risk?
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|  *Summary Judgements* |
| *Issue* | *Coding* | *Comments* |
| Case Prioritisation* What level of effort or intervention will be required to prevent harm occurring?
* To what extent is this opinion limited in light of information that is unclear, unavailable, or missing?
 |  *High/Urgent* *Moderate/Elevated* *Low/Routine* |  |
| Serious Physical Harm* What is the risk that any future Behaviour will involve serious or life-threatening physical harm?
* To what extent is this opinion limited in light of information that is unclear, unavailable, or missing?
 |  *High**Moderate* *Low* |  |
| Immediate Action Required* Is there any imminent risk to the welfare of the child(ren)?
* What preventive steps were or should be taken immediately?
 |  *Yes**Possibly* *No* |  |
| Other Risks Indicated* Is there evidence that the carers or child(ren) poses other risks, such as suicide, self-harm, or failure to care for physical health?
* Should any person be evaluated for other risks?
 | *Yes* *Possibly**No* |  |
| Case Review* When should the case be scheduled for routine review (re-assessment)?
* What circumstances should trigger a special review (re-assessment)?
 |  *Date for review:* |  |
| *Evaluator* |
| Name:  |
| Date:  |

For FRaSA Training, Consultancy and Advice contact info@craigbarlow.co.uk

or visit www.craigbarlow.co.uk