**Module 3 Programme**

***Refer to E-Manual for Content Details***

**09:30 Welcome and Introductions**

* Baselining Exercises

10:15 Brain Development

* Relevance of a developmental perspective in understanding Adolescence

**11:00 Coffee**

11:15 Adolescent Mental Health

* Mental Health and Emotional Disorders

**12:30 Lunch**

13:15 Risky Behaviours Associated With Adolescence

* Challenging and Risk- Taking Behaviours
* Substance use, Suicide and Self-harm

Introduction of the SIPPS Model

Begin Case Study: Nadia

**14:45 Tea**

15:00 Completion of Case Study and Analysis

* Judgements and decisions
* Summary

**16:00 Evaluation and Close**